

Top tips for Breakfast Programmes and Grants



School breakfast clubs allow children to have a healthy breakfast in a safe and secure environment and can be particularly essential for children who could otherwise start the day hungry. Hunger has been linked to poor concentration in class.

Below are some links and practical tips to help schools explore ways to develop their breakfast provision:

Magic Breakfast

Provide healthy breakfast food and expert support to help identify and reach those pupils at risk of hunger.

Visit www.magicbreakfast.com

Greggs Breakfast Clubs

Greggs Breakfast Clubs support with funding school breakfast clubs, encouraging the use of parent volunteers. Breakfast Clubs | Greggs Foundation.

Visit www.greggsfoundation.org.uk/breakfast-clubs

Kellogg's Breakfast Club Network

offering a grant for more disadvantaged schools along with e-newsletters which feature competitions, activities and practical ideas for running an effective Breakfast Club Kellogg's

Learn more at www.kelloggs.co.uk



Fare Share

Fare Share redistribute surplus food across a network of charities and community groups, including breakfast, after school and holiday clubs working with children and young people, or swap school uniforms. Check Facebook Marketplace for deals.

Learn more at www.fareshare.org.uk/

National School Breakfast Programme

This provide children with a healthy breakfast at the start of the school day and is delivered by Family Action, National School Breakfast Programme.

Learn more at www.family-action.org.uk

Suffolk Community Food Network

They create opportunities to connect with trusts, local suppliers, organisations and charities who may be able to offer grants and / or healthy food.

Find out more at www.communityactionsuffolk.org.uk

Tesco Stronger Starts

This is a scheme open to all schools with priority given to projects that provide food and support to young people. Examples of eligible applications include schools providing pupils with food for breakfast clubs or snacks throughout the day.

Find out more at www.tescostrongerstarts.org.uk

Consider providing any student who attends a before-school club a free breakfast. This could encourage more students to attend before-school extracurricular opportunities such as sports clubs, and ensures that they all have something to eat before having to concentrate in morning lessons or revision sessions.



Suffolk
County Council

